

OPIS PREDMETA / SUBJECT SPECIFICATION

Predmet:	Psihiatrija
Subject Title:	Psychiatry

Študijski program Study programme	Študijska smer Study field	Letnik Year	Semester Semester
Splošna medicina, enovit magistrski študijski program		Četrtni	7.
General medicine, Uniform master's degree study program		Fourth	7th

Univerzitetna koda predmeta / University subject code:

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Klin. vaje Clin work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30	75		30		105	8

Nosilec predmeta / Lecturer:

Izr. prof. dr. Hojka Gregorič Kumperščak

Jeziki / Languages:	Predavanja / Lecture: Vaje / Tutorial:	Slovenski/slovene
		Slovenski/slovene

Pogoji za vključitev v delo oz. za opravljanje študijskih
obveznosti:

Prerequisites:

Vsebina:	Content (Syllabus outline):
<ul style="list-style-type: none"> • Zgodovinski razvoj psihiatrije. Definicija duševnega zdravja. Vrste preventivne dejavnosti v psihiatriji. Pravni vidiki psihiatrije. • Splošni znaki in simptomi duševnih motenj. Psihiatrična eksploracija. • Duševne motnje zaradi organske oškodovanosti. Duševne motnje v starosti. • Zloraba in odvisnost od psikoaktivnih snovi. • Shizofrenija in druge psihotične motnje. • Razpoloženske motnje. • Krizna stanja, samomor in samomorilno vedenje. • Anksiozne, stresne in somatoformne motnje. • Urgentna stanja v psihiatriji. • Osebnostne motnje. • Duševne motnje v razvojnem obdobju. • Farmakološko zdravljenje duševnih motenj. • Psihoterapevtske in druge ne-biološke metode zdravljenja. • Socialna psihiatrija. 	<ul style="list-style-type: none"> • History of psychiatry. Definition of mental health. Preventive methods in psychiatry. Legal aspects of psychiatry. • General symptoms and signs of mental disorders. Psychiatric interview. • Mental disorders due to organic causes. Old age psychiatry. • Substance-related disorders. • Schizophrenia and other psychotic disorders. • Mood disorders. • Crisis, suicide and suicidal behavior. • Stress, anxiety and somatoform disorders. • Emergency in psychiatry. • Personality disorders. • Disorders usually first diagnosed in infancy, childhood or adolescence. • Pharmacological treatment of mental disorders. • Psychotherapeutic methods and other non-biological methods. • Social psychiatry.

Temeljni študijski viri / Textbooks:

- Pregelj P, Kores Plesničar B, Tomori M, Zalar B, Zihel S. Psihiatrija. Ljubljana: Psihiatrična klinika Ljubljana, 2013.
- Kores Plesničar Blanka. Osnove psihofarmakoterapije. Maribor: Medicinska fakulteta, 2008.

Cilji:

- Študent-ka se naj seznani in nauči prepoznavati in izvajati:
- z osnovnimi psihopatološkimi pojmi,
 - z najpogostejšimi duševnimi motnjami, njihovo etiologijo, patofiziologijo, kliničnim potekom in pomenom v populaciji,
 - s smernicami zdravljenja in rehabilitacije oseb z duševnimi motnjami,
 - s povezanostjo duševnih motenj in somatskih bolezni (liaison psihijatrija).
 - z osnovnimi principi dobre klinične prakse v psihijatriji,
 - naj spozna svojo vlogo v izboljševanju duševnega zdravja celotne populacije.
 - se pri vajah nauči izvajati osnovne diagnostične postopke v psihijatriji in spoznati diferencialno-diagnostične postopke v povezavi z drugimi vejami medicine.

Objectives:

Student should learn about and recognize:

- basic psychopathological issues,
- most frequent mental disorders, their aetiology, pathophysiology, clinical course and their impact on the community,
- treatment guidelines and about rehabilitation of mental disorders,
- comorbidity of mental disorders and somatic illnesses (liaison psychiatry),
- good clinical practice in psychiatry,
- his/her role in the improvement of mental health in community,
- basic diagnostic procedures in psychiatry, and connections with other branches of medicine.

Predvideni študijski rezultati:**Intended learning outcomes:****Znanje in razumevanje:**

- pomena in vpliva duševnih motenj v družbi
- vpliva stigmatizacije duševnih motenj
- svojega odnosa do duševnih motenj
- uporaba psihiatričnega znanja v klinični praksi

Prenesljive/ključne spremnosti in drugi atributi:

- Osnovna prepoznavanje duševnih motenj v klinični praksi s pomočjo psihijatrične anamneze in intervjuja
- Osnove zdravljenja in obravnave duševnih motenj

Knowledge and Understanding:

- importance and impact of mental disorders in community,
- stigmatization of mental disorders,
- student's personal attitude toward mental disorders
- use of psychiatric knowledge in clinical praxis

Transferable/Key Skills and other attributes:

- Basic recognition of mental disorders through psychiatric examination and anamnesis
- Basic treatment of mental disorders

Metode poučevanja in učenja:**Learning and teaching methods:**

- Predavanja
- Seminarsko delo
- Klinične vaje
- Individualni študij

- Lectures
- Seminars
- Clinical work
- Individual work

Načini ocenjevanja:

Delež (v %) /
Weight
(in %)

Assessment:

Način (pisni izpit, ustno izpraševanje, naloge, projekt)		Type (examination, oral, coursework, project):
<ul style="list-style-type: none"> • Seminar • Pisni izpit • kolokvij iz kliničnega dela 	opr. 50 50 %	<ul style="list-style-type: none"> • Seminar • Written exam • Practical colo

<p>ŠTUDIJSKE OBVEZNOSTI ŠTUDENTOV Opravljenih 80% vaj, i opravljen seminar in opravljen kolokvij iz kliničnega dela/vaj</p> <p>Ocenjevanje za pisni del izpita: 55 – 59% je ocena 6 60 – 69% je ocena 7 70 – 79% je ocena 8 80 – 89% je ocena 9 90 – 100% je ocena 10</p> <p>Končna ocena je seštevek ocene kolokvija in pisnega dela. V primeru da je le- ta med oceno, pretehta končna ocena v smer pisne ocene.</p> <p>POGOJI ZA PRISTOP K POSAMEZNEMU PREVERJANJU ZNANJA</p> <p>Pogoj za pristop k izpitu:</p> <ul style="list-style-type: none"> - opravljen seminar -pozitivna ocena iz kolokvija iz kliničnega dela/vaj 	<p>ACADEMIC OBLIGATIONS OF STUDENTS Completed 80% of practice, completed seminars and completed practical colloquium</p> <p>Assessment for the written part of the exam: 55 – 59% grade 6 60 – 69% grade 7 70 – 79% grade 8 80 – 89% grade 9 90 – 100% grade 10</p> <p>The final grade is the sum of the grade of the colloquium and the written exam. If it is between the assessment, the final assessment is considered in the direction of the written assessment.</p> <p>REQUIREMENTS FOR ACCESS TO INDIVIDUAL KNOWLEDGE CHECKING Requirement for access to the exam: -completed seminar -positive mark of practical colloquium</p>
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Reference nosilca / Lecturer's references:

- PLAKOLM ERLAČ, Sara, BUCIK, Valentin, GREGORIČ KUMPERŠČAK, Hojka. Explicit and implicit measures of identity diffusion in adolescent girls with borderline personality disorder. *Frontiers in psychiatry*. Jan. 2022, vol. 12, str. 1-9, ilustr. ISSN 1664-0640. <https://doi.org/10.3389/fpsy.2021.805390>, <https://www.frontiersin.org/articles/10.3389/fpsy.2021.805390/full>, DOI: [10.3389/fpsy.2021.805390](https://doi.org/10.3389/fpsy.2021.805390). [COBISS.SI-ID 91853315]
- ČELOFIGA, Andreja, KORES-PLESNIČAR, Blanka, KOPRIVŠEK, Jure, MOŠKON, Miha, BENKOVIČ, Dominik, GREGORIČ KUMPERŠČAK, Hojka. Effectiveness of de-escalation in reducing aggression and coercion in acute psychiatric units : a cluster randomized study. *Frontiers in psychiatry*. Apr. 2022, vol. 13, str. 1-14, ilustr. ISSN 1664-0640. <https://www.frontiersin.org/articles/10.3389/fpsy.2022.856153/full#fun1>, <https://doi.org/10.3389/fpsy.2022.856153>, DOI: [10.3389/fpsy.2022.856153](https://doi.org/10.3389/fpsy.2022.856153). [COBISS.SI-ID 104051971]
financer: Raziskava je bila izvedena v okviru raziskovalnega projekta UKC Maribor (IRP 2018/1-09)
- GREGORIČ KUMPERŠČAK, Hojka, KRGOMIĆ, Danijela, DROBNIČ RADOBULJAC, Maja, ŠENICA, Nina, ZAGORAC, Andreja, KOKALJ-VOKAČ, Nadja. CNVs and chromosomal aneuploidy in patients with early-onset schizophrenia and bipolar disorder : genotype-phenotype associations. *Frontiers in psychiatry*. 12. Jan. 2021, vol. 11, str. 1-16, ilustr. ISSN 1664-0640. <https://www.frontiersin.org/articles/10.3389/fpsy.2020.606372/full>, <https://doi.org/10.3389/fpsy.2020.606372>, DOI: [10.3389/fpsy.2020.606372](https://doi.org/10.3389/fpsy.2020.606372). [COBISS.SI-ID 46840579]
- GREGORIČ KUMPERŠČAK, Hojka, CLAUSEN, Carolyn E., ANAGNOSTOPOULOS, Dimitris, BARAC OTASEVIC, Z., BORICEVIC MARSANIC, V., BURGIC, M., COMO, A., NUSSBAUM, L., PEJOVIĆ-MILOVANČEVIĆ, Milica, RALEVA, M., et al. Child and adolescent psychiatry training and mental health care in Southeast Europe. *European child & adolescent psychiatry*. 2020, vol. 29, iss. 1, str. 29-39. ISSN 1435-165X. <https://doi.org/10.1007/s00787-019-01362-0>, <https://link.springer.com/article/10.1007%2Fs00787-019-01362-0>, DOI: [0.1007/s00787-019-01362-0](https://doi.org/10.1007/s00787-019-01362-0). [COBISS.SI-ID 6741567]
- GREGORIČ KUMPERŠČAK, Hojka, GRIČAR, Alja, ÜLEN, Ina, MIČETIĆ-TURK, Dušanka. A pilot randomized control trial with the probiotic strain *Lactobacillus rhamnosus* GG (LGG) in ADHD : children and adolescents report better health-related quality of life. *Frontiers in psychiatry*. 17. Mar. 2020, vol. 11, str. 1-9. ISSN 1664-0640. <https://www.frontiersin.org/articles/10.3389/fpsy.2020.00181/full>, <https://doi.org/10.3389/fpsy.2020.00181>, DOI: [10.3389/fpsy.2020.00181](https://doi.org/10.3389/fpsy.2020.00181). [COBISS.SI-ID 6963519]

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Prevalence of celiac disease is not increased in ADHD sample. *Journal of attention disorders*. May 2020, vol. 24, issue
7, str. 1085-1089. ISSN 1557-
1246. <http://journals.sagepub.com/doi/pdf/10.1177/1087054716666953>, <https://doi.org/10.1177/1087054716666953>, DOI: [10.1177/1087054716666953](https://doi.org/10.1177/1087054716666953). [COBISS.SI-ID [5790783](#)]